

# Easy Weekly Meal Plan #71

## Grocery List

### Produce

Carrots - 4  
Bell pepper - 7  
Romaine hearts - 1  
Tomatoes - 4  
Onion - 2  
Garlic - 2 cloves  
Fruit for fruit dip

### Canned

Beef broth - 4 cups  
Chicken broth - 1 cup  
Pineapple tidbits - 20-oz can  
Peach preserves - 16 oz jar  
Italian dressing mix - 1 packet  
Campanelle pasta - 1 pound  
Rice

### Condiments

Soy sauce - 1 Tbsp  
Apple cider vinegar - 1/3 cup  
Salsa - 1-1/2 cup  
Mayonnaise - 1/2 cup

### Dairy Case

Eggs - 12  
Shredded Cheddar cheese - 1 cup  
Shredded Mexican-blend cheese  
- 1-1/2 cups  
Greek yogurt, plain - 1/2 cup  
Whipped cream cheese - 8 oz

### Meat

Boneless, skinless chicken thighs  
- 3 pounds  
Boneless, skinless chicken breasts  
- 2-2 1/4 pounds  
Thick-cut pork chops - 6-8  
Ground sausage - 1 pound  
Beef short ribs - 4 pounds  
Bacon - 2 pounds

### Bread

Burrito-size flour tortillas - 6

### Baking

Salt & pepper  
Italian seasoning - 1-1/2 tsp  
Basil - 1 tsp  
Oregano - 1 tsp  
Rosemary - 1 Tbsp  
Thyme - 1 tsp  
Vanilla - 1 tsp  
Brown sugar - 1 cup + 2 Tbsp  
Vegetable oil - 1/2 cup  
Cornstarch - 3 Tbsp  
Mini chocolate chips - 1/4 cup