Easy Weekly Meal Plan #61 Grocery List

Produce
Onion – 2
Sweet onion – 1
Garlic – 8 cloves
Avocado – 1
Tomato – 1
Green onion – 1 bunch
Red bell pepper – 1
Orange bell pepper – 1
Butternut squash – 1 large
Green beans – 1 pound
Sunflower seeds

Snacks
Chili cheese Fritos – 6 ounce bag
Oyster crackers
Tortilla chips

Soup
Chicken broth – 3 cups
Vegetable broth – 2 cups
Cheddar cheese soup – 1 can

Dairy Case
Eggs – 9
Milk – 3 cups
Heavy whiping cream – 1/2 cup
Sour cream
Butter – 3 sticks
Shredded cheddar cheese – 1 cup + extra
Shredded mozzarella cheese – 15-1/2 cups
Pepper jack – 4 slices

Condiments
Worcestershire sauce – 1 Tbsp
Extra-virgin olive oil – 3 Tbsp

Meat
Ground beef – 2 pounds
Ground turkey – 1 pound
Ground pork – 1 pound
Hamburger patties – 4
Chicken thighs – 1.5 pounds
Mini pepperonis – 1/3 cup

Baking
Sugar – 1/2 cup
Brown sugar – 1 cup
All-purpose flour – 2-1/4 cups
Bread crumbs – 1/4 cup
Vanilla – 2 tsp
Baking soda – 1 tsp
Nutmeg – 1/4 tsp
Pumpkin pie spice – 1 tsp
Ground cloves – 1/4 tsp
Dried minced onion – 2 tsp
Salt & Pepper
Chocolate chips – 1-1/2 cups
Pecan chips – 1 cup

Canned
15-ounce can black beans – 2
15-oz can chili-style beans – 2
28-oz can diced tomatoes
15-oz can sweet corn
Pizza sauce – 1/2 cup
Taco seasoning – 3 packets
Chili seasoning mix – 1 pkt

Bread
Bread – 6 slices
Hamburger buns – 4

MY FEARLESS KITCHEN