

How to Keep Cold Foods Cold

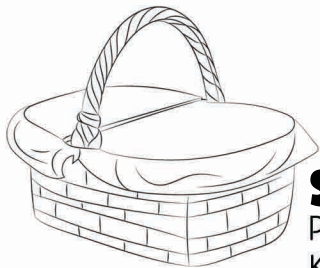
Coolers

USE AS EXTRA SPACE FOR "EXTRA" FOOD
KEEP FOOD IN COOLERS AS LONG AS POSSIBLE
KEEP A SEPARATE COOLER FOR DRINKS ONLY
HAVE PLENTY OF ICE READY



Ice

IN TUBS TO KEEP DRINKS COLD
MAKE AN "ICE BATH" TO KEEP FOOD COLD



Small Portions

PUT SMALL PORTIONS OUT TO EAT
KEEP THE REST IN COOLERS

Clean Up

PUT LEFTOVERS AWAY AS SOON AS POSSIBLE



more details at myfearlesskitchen.com